

Dr. B.R.Ambedkar Institute of Technology
Recruitment for the Post of Physical Training Instructor

Date of Examination: 15/01/2025

Exam Time: 11:30 AM - 12:00 PM

Exam Slot: A1

#	Question ID	Question	Answer Key
1	3853	Physical Education as well as sports experienced a 'Golden Age' in- <div> A. Rome B. Ancient Greece C. Germany D. Russia </div>	
2	3862	'Olympiad' Means <div> A. Place in Greece B. To win the medal in Olympic C. To take part in Olympic D. Period Between Two Olympic </div>	
3	3836	Who of the following is known as the Father of Modern Olympics? <div> A. Pierre de Coubertin B. Ferenc Kemény C. Jacques Count Rogge D. Ivo Ferriani </div>	
4	3841	Speed play is also called as: <div> A. Circuit Training B. Fartlek Training C. Psychological Training D. Interval Training </div>	
5	3857	Reaction time is measured by <div> A. Standing Broad Jump B. Ruler Drop Test C. Shuttle Run D. Sergeant Jump </div>	
6	3876	The best example of Condylod joint is: <div> A. Hip B. Neck C. Wrist D. Ankle </div>	
7	3855	First Ancient Olympic Games were held on: <div> A. 774 BC B. 776 BC C. 775 BC D. 777 BC </div>	
8	3858	Who is called Father of Physical Education in India? <div> A. C.A Bucher B. H.C Buck C. G.D Soundhy D. Baron. D Coubertin </div>	
9	3834	In Rome, training was given to boys- <div> A. By the Teachers B. By the father C. By the mother D. By the warrior </div>	

10	3867	<p>The digestive juice present in stomach to digest-</p> <p>A. Protein C. Fat</p> <p>B. Both Protein and Fat D. Carbohydrate</p>	
11	3833	<p>Who was the founder of school gymnastics in Germany?</p> <p>A. Per Henrik Ling C. Johan-Bernard Basedow</p> <p>B. Adolph Spiess D. Guts Muths</p>	
12	3868	<p>Which is the following being not a procedure used in league method?</p> <p>A. Cyclic Method C. Stair method</p> <p>B. Lader Method D. ladder method</p>	
13	3859	<p>The Root word Yoga is called as:</p> <p>A. Bhoga C. Yuj</p> <p>B. Roga D. Kundalini</p>	
14	3870	<p>Kyphosis is commonly referred to as which of the following:</p> <p>A. Hollow back C. Hunch Back</p> <p>B. Lordosis D. Scoliosis</p>	
15	3849	<p>The Heptathlon in athletics consists of how many events?</p> <p>A. Five C. Six</p> <p>B. Seven D. Eight</p>	
16	3888	<p>When was Amateur Athletics Federation of India established?</p> <p>A. 1936 C. 1947</p> <p>B. 1946 D. 1949</p>	
17	3911	<p>Which of the following player is a para-athlete who is a symbol of grit and determination?</p> <p>A. Neeraj Chopra C. Deepa Mallick</p> <p>B. Sakshi D. Lovlina</p>	
18	3901	<p>Ramkumar Ramanathan, who was seen in the news, plays which sports?</p> <p>A. Chess C. Tennis</p> <p>B. Table tennis D. Hockey</p>	
19	3920	<p>Who is the highest wicket taker in the Test cricket?</p> <p>A. Courtney Walsh C. Malcome Marshal</p> <p>B. Muttiah Muralitharan D. Wasim Akram</p>	

30	3899	<p>Headquarters of the International Olympic Committee are located in which country?</p> <p>A. Greece B. Switzerland C. Belgium D. France</p>		
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Sl. No	QID	Answer key
1	3853	A
2	3862	D
3	3836	A
4	3841	B
5	3857	B
6	3876	C
7	3855	A
8	3858	C
9	3834	B
10	3867	A
11	3833	B
12	3868	D
13	3859	C
14	3870	C
15	3849	B
16	3888	B
17	3911	C
18	3901	C
19	3920	B
20	3918	B
21	3900	A
22	3880	A
23	3905	C
24	3895	D
25	3902	B
26	3915	C
27	3904	B
28	3877	A
29	3908	A

30	3899	B
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